Eat@Blessed Thomas Holford

Tuc In — Breakfast and Morning Break

Toast	£0.30	Croissant	£1.20	Bagel Pizza	£0.98
Hash Brown	£0.40	Pain au choc	£1.32	Pancake	£0.87
Hash Brown x2	£0.75	Cheesy Beans	£0.77	Jam/Butter	£0.20
Hash Brown x3	£1.05	Cheesy Garlic Bread	£0.60		
Sausage/Bacon Barm	£1.32	Mini Potato Waffles x3	£0.64		
½ Bagel	£0.64	Mini Potato Waffles x7	£1.00		
Bagel	£0.94	Belgium Waffle	£1.48		
Mini Pizza	£0.64	Cheese on Toast	£0.64		

The Deli

Basic Sandwich	£1.60
Premium Sandwich	£1.91
Basic Deli Roll	£1.91
Premium Deli Roll	£2.18
Basic Baguette	£2.18
Premium Baguette	£2.44
Pasta Bowl	£1.75
Salad Box	£2.19

On the Run

Pasta Bar	£2.46
Hot Wraps	£2.29
Pizza Slice	£1.60
Burger	£2.29
Panini	£2.29
Main Meal	£2.41

Eat Right — Hot and Cold Main Meals

Monday	Tuesday	Wednesday	Thursday	Friday
All Day Breakfast – Sausage, Bacon, Hash Rown, Beans Mushrooms & Scrambled Egg	Classic Spicy Chicken Bread Burger, Seeded Bun, Wedges and Carrot Salad	Chicken & Spring Veg Pie Served with Creamy Mash and Carrots	Jollof Rice with Jerk Chicken & Seasonal Salad	Battered Cod with Lemon Coleslaw, Chipped Potatoes and Peas
All Day Veggie Breakfast – Sausage, Hash Rown, Beans Mushrooms &	Classic Italian Pesto & Mozzarella Bake with Spicy Carrot Salad	Plant Based Cajun Sausage Casserole served With Carrots	Jollof Rice with Jerk Quorn & Seasonal Salad	Cheese and Tomato Panini served with Chipped Potatoes and Peas
BBQ Chicken Panini	Chicken Shawarma Wrap with Lebanese Slaw	Steak Slice, Chicken & Ham Slice or Sausage Roll	BBQ Pulled Chicken Barm with Slaw	Fish Finger Barm with Lemon Coleslaw

Pud POD

Homebake/Cookie	£0.85
Tunnock Teacake	£0.80
Cake of the Day	£1.12
Yoghurt	£0.94
Jelly	£0.80
Fruit Pot	£0.99
Cheese & Crackers	£1.10

Parched

Small Water	£0.64
Large Water	£1.05
Radnor Drinks	£1.17
Fresh Fruit Juice	£0.99
Milkshake	£1.00
Milk Carton	£0.54
Milk 1Pt	£1.12
Hot Drinks	£1.00