



Eat@Blessed Thomas Holford



Breakfast and Morning Break

Toast	£0.30	Croissant	£1.13	Crumpet	£0.65
Fresh Fruit	£0.55	Pain au choc	£1.24	Pancake	£0.82
Teacake	£0.75	Cheesy Beans	£0.90	Jam/Butter	£0.20
Hash Brown x2	£1.00	Potato Cake	£0.60	Nuttela	£0.40
Hash Brown x3	£1.29	Potato Waffles	£0.80		
Sausage/Bacon Barm	£1.24	Belgium Waffle	£1.39		
Bagel	£0.88	Cheese on Toast	£0.60		
Mini Pizza	£0.85				



Basic Sandwich	£1.50
Premium Sandwich	£1.80
Basic Baguette	£2.05
Premium Baguette	£2.30
Cold Wrap	£2.20



Sausage Roll	£1.55
Chips	£1.50
Pizza Slice	£1.50
Burger	£2.37
Panini	£2.47
Main Meal	£2.58



Hot and Cold Main Meals

Monday	Tuesday	Wednesday	Thursday	Friday
Jerk Chicken with Rice n Peas, Pineapple Slaw	Selection of Meat Pizzas served with Spicy Wedges	Lemon and Herb Roast Chicken with Crisp Roasties & Seasonal Vegetables	Italian Beef Lasagna with Garlic Bread and Pesto Green Beans	Battered Cod served with Chipped Potatoes and Garden Peas
Curried Squash, Sweet Potato & Butterbean Stew, with Rice Peas and Pineapple Slaw	Selection of Vegetarian Pizzas served with Spicy Wedges	Sweet Potato & Spinach Parcel with Crisp Roasties & Seasonal Vegetables	Mediterranean Roasted Vegetable Lasagna with Garlic Bread and Pesto Green Beans	Veggie Burger Bap served with Chipped Potatoes and Peas
Selection of Panini's Cheese & Tomato / Pepperoni / Tuna Melt	Ramen Noodle Pot	Assortment of Pasties Stak Bake / Sausage Roll / Cheese & Onion Slice	Chicken Mini Fillets served in a Wrap with Salad	Cheese & Tomato Pizzini



Fresh Fruit	£0.55
Cake of the Day	£1.05
Yoghurt	£0.88
Fruit Pot	£0.95
Confectionary	£1.00
Crisps	£1.03
Pringles	£1.60



Small Water	£0.60
Water Can	£1.10
Sugar Free Can	£1.25
Can	£1.35
Costa Can	£1.96
Fresh Fruit Juice	£0.93
Milk Carton	£0.50
Hot Drinks	£1.30

