



# Eat@Blessed Thomas Holford



## Breakfast and Morning Break

|                    |       |                     |       |             |       |
|--------------------|-------|---------------------|-------|-------------|-------|
| Toast              | £0.30 | Croissant           | £1.13 | Bagel Pizza | £0.98 |
| Fresh Fruit        | £0.50 | Pain au choc        | £1.24 | Crumpet     | £0.60 |
| Hash Brown         | £0.60 | Cheesy Beans        | £0.72 | Pancake     | £0.82 |
| Hash Brown x2      | £0.98 | Potato Cake         | £0.60 | Jam/Butter  | £0.20 |
| Hash Brown x3      | £1.20 | Cheesy Garlic Bread | £0.60 |             |       |
| Sausage/Bacon Barm | £1.24 | Potato Waffles      | £0.82 |             |       |
| Bagel              | £0.88 | Belgium Waffle      | £1.39 |             |       |
| Mini Pizza         | £0.60 | Cheese on Toast     | £0.60 |             |       |



|                   |       |
|-------------------|-------|
| Basic Sandwich    | £1.50 |
| Premium Sandwich  | £1.80 |
| Basic Deli Roll   | £1.80 |
| Premium Deli Roll | £2.05 |
| Basic Baguette    | £2.05 |
| Premium Baguette  | £2.30 |
| Pasta Salad       | £1.65 |
| Salad Box         | £2.06 |



|             |       |
|-------------|-------|
| Pasta Bar   | £2.32 |
| Curry Bar   | £2.42 |
| Hot Wraps   | £2.16 |
| Pizza Slice | £1.50 |
| Burger      | £2.16 |
| Panini      | £2.16 |
| Main Meal   | £2.27 |



## Hot and Cold Main Meals

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| Katsu Breaded Chicken with Steamed Rice & Katsu Sauce          | Quarter Pounder Beef Burger in Sesame Bun, Herby Diced Potatoes & Slaw | Lemon and Herb Roast Chicken with Crisp Roasties & Seasonal Veg  | Mexican Beef Chilli Con Carne, Steamed Rice and Sour Cream | Battered Cod with Lemon Coleslaw, Chipped Potatoes and Peas |
| Katsu Breaded Sweet Potato, Steamed Rice and Katsu Curry Sauce | Onion Bhaji Burger in Sesame Bun, Herby Diced Potatoes & Slaw          | Sweet Potato & Spinach Parcel with Crisp Roasties & Seasonal Veg | Mexican Chilli Non Carne, Steamed Rice and Sour Cream      | Vegan Quorn Dippers, Chipped Potatoes and Peas              |
| Fiery Jerk Chicken Wrap with Pineapple Salsa                   | Pepperoni Panini   | Chicken Shawarma Wrap with Red Cabbage Slaw                      | Mediterranean Chicken Wrap & Salad                         | Fish Finger Barm with Lemon Coleslaw                        |



|                   |       |
|-------------------|-------|
| Homebake/Cookie   | £0.80 |
| Tunnock Teacake   | £0.75 |
| Fresh Fruit       | £0.50 |
| Cake of the Day   | £1.05 |
| Yoghurt           | £0.88 |
| Jelly             | £0.75 |
| Fruit Pot         | £0.93 |
| Cheese & Crackers | £1.03 |



|                   |       |
|-------------------|-------|
| Small Water       | £0.60 |
| Water Can         | £1.10 |
| Radnor Carton     | £1.05 |
| Radnor Can        | £1.46 |
| Fresh Fruit Juice | £0.93 |
| Milkshake         | £0.95 |
| Milk Carton       | £0.50 |
| Milk 1Pt          | £1.05 |
| Hot Drinks        | £1.00 |

