

FRIDAY 9TH FEBRUARY


Weekly Newsletter



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Blessed Thomas Holford Catholic College

May God's love be our guide 



Dear parents/carers,

As we come to the end of a week focusing on our mental health and ensuring our students have a voice and are heard I have been reading 'Christus vivit' a letter from Pope Francis which says
Dear young people, make the most of these years of your youth. Don't observe life from a balcony. Don't confuse happiness with an armchair, or live your life behind a screen. Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anaesthetized or approach the world like tourists. Make a ruckus! Cast out the fears that paralyze you, so that you don't become young mummies. Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly! Please, don't take early retirement.

"Christus vivit": Post-Synodal Exhortation to Young People and to the entire People of God (25 March 2019) | Francis (vatican.va).

These words are so important in today's world so at BTHCC we want to see how we can empower our students to grasp the opportunities to 'go out and fly'. We want our lessons to be engaging, thought provoking and exciting allowing the young people to take that wisdom and enthusiasm and live their best life. As our young people have so many talents, gifts and so much charisma it is essential that we offer them our time and attention and fully listen to their ideas, worries, and needs. Their voice matters and we must listen. Today is an exciting time for the next generation and we look forward to walking by their side as they take on the world and make it a better place for all.

Have a wonderful half term and enjoy your time together.



Mrs C S Hogg

What's going on - Week 19th-25th Feb

MONDAY

School Photographs
Year 11 & 13 Year group
shots
Year 8, 9, 10 head shots

Wednesday Word

Room 54 at 8.30am

Year 9 Core
Subjects parents
evening

Wednesday

THURSDAY

Year 9
Options
Evening

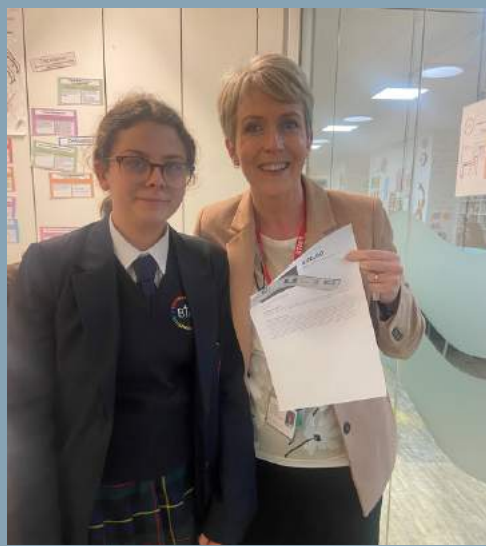
College Mass
- 8.15am G3

FRIDAY



Welcome Fr Godlove to the Blessed Thomas Holford family and school community and thank you for joining us for mass this morning.

ONE CENTRAL WINNERS



>>> **BINGO**

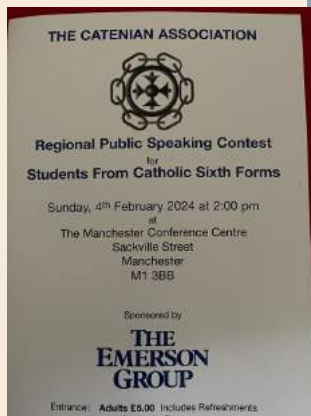
FAMILY BINGO NIGHT

£854.00 raised



We would like to thank you for attending and raising funds for St Luke's hospice last night. We had a wonderful evening with our BTHCC family and friends and what an amazing amount of money that we raised. So a huge thank you!

SEBASTIAN FREEMAN YEAR 11



Sebastian in Year 11 took part in a Regional Public Speaking contest on Sunday against 11 other Sixth formers. He had to choose a topic and speak for 4 mins in front of a huge audience.



Well Done!

Sebastian chose his topic **'My biggest concern for the future is am I enough?** and below is a snippet of Sebastian's speech;

In the next 4 minutes I want to explore my feelings of inadequacy and dissect my disappointment.



Sebastian said "The day was amazing and I was truly honoured to be given the opportunity seeing as I was younger than the other contestants. I would like to thank Ms Price for putting me forward and believing in me. I look forward to doing it again next year!"

We judge ourselves comparatively to others. Whether it's income or a test score it's inevitable. We as humans long for a way to measure things we cannot properly see. Whether it's love or intelligence there is a compulsive need to know where we rank. Why am I not smart enough, not pretty enough, can't see what they see. We put so much emphasis on a grading system of circumstantial tests. That we have created a framework that not only judges intellect but also value.

After all; education is for the worthy, not the willing.

This thought subconsciously surfaces in all people. Never spoken of course. To be dissatisfied is to reject to spit on the privileges afforded to you.

Be happy there's always someone with less. Be grateful.

We are so proud of you Sebastian, what a fantastic achievement! You truly shone! And thank you to Ms Price for giving Sebastian the skills and confidence to speak so eloquently in front of so many distinguished people. What a great day and I was beaming with pride.

Mrs Hogg





Our Year 7 art classes have been looking at the new artist Mr Doodle who doodles all over his million pound mansion. They had complete creative freedom and a chance to doodle together to their hearts content [#loveoflearning](#)

#LOVEOFLEARNING

In year 7 [#loveoflearning](#) design technology, Xander and the rest of his class have been working on microbots (mini robots) and the programming and coding using microbit Very interesting and well done to Xander for cracking the code

LEARN

Some 🐟🐡🐠 dissection with the Year 12 biologists! Definitely think the smiles proved that they enjoyed this! [#loveoflearning](#)



In maths [#loveoflearning](#) lesson, the students were tasked with The Königsberg bridge problem which was an old puzzle concerning the possibility of finding a path over every one of the seven bridges but without crossing any bridge twice! Did they solve it??? [#loveoflearning](#)





In English this week with Year 8 students they were focusing on diversity. They created their own Marvel superheroes, who all have a super power which celebrates diversity. Some very creative ideas! #loveoflearning

#LOVEOFLARNING

In year 8 #loveoflearning art classes, they have been focusing on Ocean conservation and using real prawns they had to draw the prawns using a fine liner and water colour. They turned out so well and the students really enjoyed having the creative freedom #loveoflearning

**LEARNING
EVERYDAY**





IMPACT GROUP

Some of our wonderful yr 7 & 8 students part of the Impact! group in Flixton cooked food for over 60 homeless people & distributed it through the Mad Dogs Project. The pupils involved were; Darragh, Niamh, Martha, Stanley, Carmen, Maisie, Rosa, Connie, Isaac & Noah! Good job!



A lovely article written by Bone Cancer research trust about our 10k run in memory of Jude and ensuring we keep Jude's memory alive.



[READ MORE](#)

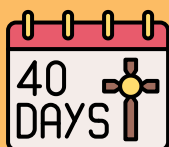


Our winners of Brenda the Vendor this morning! Well done to you all #bthccread



#BTHCCREADS

BIG LENT WALK 2024



As we prepare for our Big Lent Walk of 2024, we took 5 students out with us in the muddiest of conditions to measure the distance of our sponsored walk so we make sure that we complete our mission of 200km.



Thrive Newsletter Mental Health Week

Anti-stigma newsletter for Children and Young People's Mental Health Week with the theme 'My Voice Matters', taking place 5th-11th February.



[READ MORE](#)



IMPORTANT



Homework

The library is open everyday before and after school for pupils to complete homework etc.

The below staff will be there to help from 3 until 3.30pm Monday to Thursday.

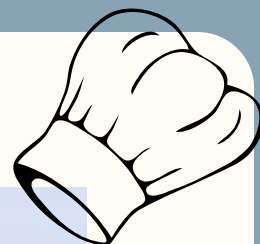
Monday- Ms Walton

Tuesday- Ms Leicester

Wednesday- Ms Collier

Thursday- Ms Elder

Junior Bake Off



[APPLY HERE](#)





Nuts

We have some pupils and staff with severe nut allergies. As such we will be asking pupils NOT to bring in any nuts or nut based products.

Please do not bring nuts or nut based food e.g peanut butter into school. Some allergies are airborne meaning if students are eating nuts in any of the canteen areas this can trigger a severe allergic reaction.

While we cannot guarantee we are a nut free school, we are beginning to working towards becoming one.

Thank you for your support and understand



Chinese Language Club

Year 7, you are invited!

Would you like to learn some Chinese over 4 weeks?

Sign up to Chinese Language Club!

First session is Wednesday 21st February 3:10-3:45pm in room 3, followed by three more sessions the following three Wednesdays.

There are limited places available, sign up through your French teacher now!

World Book Day



With World Book Day fast approaching we would like as many of you to email in pictures of your pets reading. You can make it as creative as you like and add some glasses or a tie.

Don't fear! If you don't own a pet, you can send in a picture of you or a family member reading in an unusual place (on a boat or the top of a mountain).

The top three winners will all receive a £20 Watstones vouchers on World Book Day 7th March.

Please email all entries to mrsarowe@bthcc.org.uk

FOLLOW OUR SOCIAL MEDIA



7th February 2024

Dear Parent or Carer,
Think MEASLES

The UK Health Security Agency (UKHSA) has declared a measles national incident following large outbreaks in London and the Midlands, and further outbreaks of infection are expected across the country. You may have seen the national media coverage on the BBC and other news channels.

Measles is extremely infectious and spreads very easily to people who have no immunity¹, the illness can be serious. There are cases of measles in Greater Manchester.

The best way to protect against measles is by having 2 doses of the measles, mumps, and rubella (MMR) vaccine. MMR vaccine is usually given at the GP practice to children aged 1 years and 3 years 4 months, however, some children miss this vaccination. The MMR can also be given to older children, teenagers and adults if they have missed it. If your child, or you have not received both doses of MMR we are encouraging you to contact your GP practice and complete this important vaccination programme.

To find out more about the MMR vaccine please visit: [MMR \(measles, mumps and rubella\) vaccine - NHS \(www.nhs.uk\)](#)

What is measles?

Measles is a contagious illness, that is spread through coughing, sneezing and close contact with someone who is infectious.

The initial symptoms of measles:

- resemble a cold with runny nose, cough and a slight fever
- eyes become red and sensitive to light

As the illness progresses, usually days 3 to 7:

- temperature may reach 39 – 41 °C
- red or raised 'close' rash appears that lasts four to seven days
- small white 'Koplik' spots may appear inside the cheeks and on the back of the lips a few days later. These spots usually last a few days
- rash usually begins as flat red spots that appear on the face at the hairline and spread downward to the neck, trunk, arms, legs, and feet.
- small, raised bumps may also appear on top of the flat red spots

If you or your child become unwell and think it could be measles:

- Seek medical advice: call your GP or NHS 111 for advice
- It is important to let your GP practice know before attending, or as soon as you arrive at the door of A&E, that you or your child may have measles, this is so that you can wait away from other patients to prevent any further spread.
- Do not go to school, nursery or work for the four days after the rash first appears.


¹

Immunity is the ability of the human body to protect itself from infectious disease.

- Limit your contact with other people and avoid those who:
 - o are pregnant
 - o are under 12 months old or have not had the MMR vaccine
 - o have a weakened immune system
- Inform your school or employer

Thank you for your support,

Yours sincerely,



Helen Gollins
Director of Public Health



Karen Samples
**Director Education Standards, Quality and
Performance**

Mental Health and Wellbeing

Trafford Sunrise Parent's/Carer's Workshops 2023

- Are you a parent/carers based in the Trafford area with a child aged **5-12** years?
- Would you like some advice, information, and resources to support your child?
- Do you want to meet other parents facing similar issues?



Our parent workshops aim to help you to support your child regarding anxiety, bullying, behavioural problems and other emotional health and wellbeing topics. **Please note these workshops are for parents/carers only.** There is a cap of **15 places** for the workshops and pre-registration is required with the links provided.

Pre-registration is required for ALL workshops.

You need to be a Trafford Resident to participate in this workshop.

Date	Time	Location	Topic
19/02/2024	13:00-14:30pm	Seymour Park Community Primary School, Northumberland Road, Old Trafford, M16 9QE	Understanding Children's Behaviour
29/02/2024	10:30am-12:00pm	Urmston Library, Unit 34, Golden Way, Urmston, M41 0NA	Managing Children's Anxiety
26/03/2024	09:30-11:00am	Online	Neurodiversity (for those without a diagnosis)

You can also see our event details and updates on Facebook and Twitter



facebook.com/JustPsychologyCIC/



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