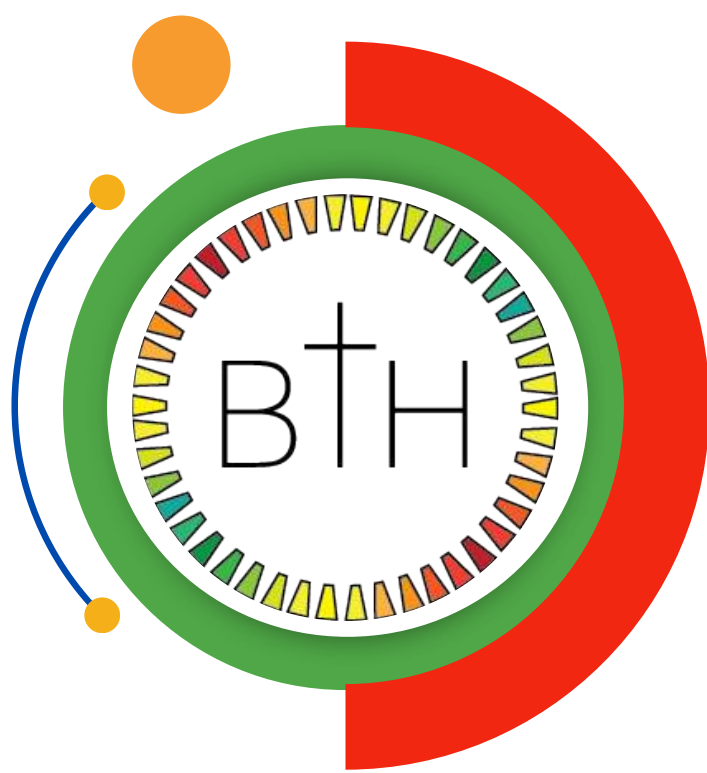




Blessed Thomas Holford Catholic College

May God's love be our guide 

# Weekly Newsletter



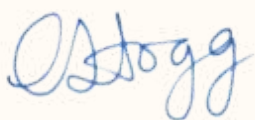
Dear parents/carers,

This week St. Therese of Lisieux Form have had a week of celebrating their saint's day with an own clothes day, liturgy, and tasty breakfast. We asked them to follow St. Therese way of purposely doing a small act of kindness each day. They were all fantastic. With smaller class sizes we now have 12 form feast days throughout the year supporting our students to live out their faith and live a little like their form saint.

We are fully emersed into our schemes of learning now, so I do invite you to look through your child's book/folder and talk to them about their learning. Homework is set regularly but we do also ask that you encourage your child to read for pleasure as it truly opens doors to their learning in every lesson. All students can borrow a book from our library which is open before college starts, lunch time and at the end of the day.

Thank you for supporting us with our uniform policy. The students are looking so smart as they arrive each day wearing their uniform with pride. As we approach winter, we have many opportunities for our students to stay in doors during their free time with all the different enrichment activities available to them. Coats are allowed we just ask that they are removed once students enter the buildings. Jumpers are optional but blazers must always be worn. Thank you again for your support.

The BTHCC students are a joy to know, and I am so proud of all their daily achievements. Thank you for choosing BTHCC. It is a great honour to walk alongside your child as they grow and flourish.



**Mrs C S Hogg**



Day	What is going on
 <p><b>Monday</b></p>	<ul style="list-style-type: none"> <li>• Celebration of the Word - Year 11</li> <li>• Assembly Year 7 &amp; 12</li> <li>• Week of Action</li> <li>• <b>Teresa of Calcutta Feast Day</b></li> <li>• Year 11 Assessment Week</li> </ul>
<p><b>Tuesday</b></p>	<ul style="list-style-type: none"> <li>• Celebration of the Word - Year 10</li> <li>• Assembly Year 11</li> </ul>
<p><b>Wednesday</b></p>	<ul style="list-style-type: none"> <li>• Celebration of the Word - Year 9 &amp; 12</li> <li>• Assembly Year 10</li> <li>• Wednesday Word</li> </ul>
<p><b>Thursday</b></p>	<ul style="list-style-type: none"> <li>• Celebration of the Word - Year 8</li> <li>• Assembly Year 9</li> <li>• World Mental Health Day</li> <li>• Wear it green day</li> </ul>
 <p><b>Friday</b></p>	<ul style="list-style-type: none"> <li>• Celebration of the Word - Year 7</li> <li>• Assembly Year 8</li> </ul>
<p><b>Sunday</b></p> 	<p><b>Manchester Half Marathon</b></p>



# Mental Health Week



4th of October 2024

## Mental Health Awareness Week

DAY	ACTIVITY	LOCATION/WHO
ALL WEEK	MINDFUL MINUTE EACH MORNING IN TOGETHER FOR GOOD	WHOLE SCHOOL
ALL WEEK	TOGETHER FOR GOOD FORM ACTIVITY	WHOLE SCHOOL
ALL WEEK	BINGO ACTIVITY	WHOLE SCHOOL
TUESDAY 8TH	TRAFFORD THRIVE STAND 12.30PM-1.30PM	MAIN HALL
THURSDAY 10TH	WEAR IT GREEN DAY	WHOLE SCHOOL
FRIDAY 11TH	TRAFFORD THRIVE DROP IN SESSION 12.30PM-1.30PM	MAIN SCHOOL

 7TH - 11TH OCTOBER



# Form Saint Feast day- Teresa of Calcutta

**Feast day: Monday 7th of October 2024**

**During the week of the 7th of October to the 11th of October 2024, Year 7,8,9,10,11,12 and 13 Calcutta will be celebrating their form saint.**

**Saint Teresa of Calcutta, also known as Mother Teresa, was a Roman Catholic nun who received the Nobel Peace Prize in 1979 for her work in relieving the sufferings of the poor, especially in the slums of Calcutta in India. Her dedication and devotion to her service with the poor shone through her kind-hearted nature and eventually made her become a Saint.**

**We will be challenging our students to do the same and donate any tins of food that will be gifted to our local food bank. Calcutta forms will be taking part in artwork and displays in Together for good, liturgical reflections as well as a celebratory breakfast on Friday the 11th!**

**On Monday the 7th, students in this form will be allowed to wear their own clothes and will take part in activities to learn about the life and teachings of Calcutta. It will be a week full of fun and reflection and everyone can get involved!**





# Food Donations



4th of October 2024

Next week we will be asking for donations to support our local foodbank, Wythenshawe as part of our 'Week in Action' and Teresa of Calcutta feast day.

13 million people currently live below the poverty line in the UK. Every day people go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. Trussell Trust foodbanks provide a minimum of three days emergency food and support to people experiencing crisis in the UK.

In the last year (1 April 2021 to 31 March 2022) Trussell Trusts network of foodbanks fed 2,100,000 people nationwide. Of those we helped, 830,000 were children.

Rising food and fuel prices, static and low incomes, under employment and changes to benefits are some of the reasons why increasing numbers are being referred to foodbanks for emergency food.




**We need;**  
**Tinned Fruit**  
**Instant Coffee**  
**Instant Mash Potato**  
**Tinned Meat**  
**Tinned Vegetables**



**The foodbank relies on our goodwill and support.**

**Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that's why our food donations are absolutely vital to their ability to give everyone referred to them a balanced and nutritious three day supply of food.**

**The shopping list above shows the items that they need right now.**

## Chaplaincy

### **Feast week of Liseiux recap:**

*We had a successful week of celebratory events for the forms of Liseiux last week and the students of our BTH college embraced the celebrations!*

*In together for good they worked on art displays to capture Liseiux name of "God's little flower" and focused on Random acts of Kindness. We had some amazing feast day celebrations with a liturgy, breakfasts and everyone was wishing each other a happy feast! They learnt about the life of Liseiux and how they can lead by her example!*



Faith in Action

### **Quote of the week:**

**"He will have compassion on the poor and needy, And the lives of the needy he will save"**

**This quote is representing the power of looking after the poor and our world's most vulnerable.**

### **Events this week:**

**Wednesday word:** 8:30 am in the chapel

**Family Mass:** Friday 8:15 am in the Chapel

**Faith in Action:** Every lunch in W06

**Philosophy club:** Every lunch in F 12

**Rosary mornings:** 8:30 am in the chapel, to celebrate the month of Mary, led by Ellie from sixth form.

### **Weekly Challenge:**

**Donate a tin can of food to our local foodbank (bring to the Chapel)**

**This week's key word:**

**Protecting the poor**



# Saint Thérèse Of Lisieux



4th of October 2024

# Lets Feast







### What is one of your hidden talents?

There is not a 90's or early 2000's rap part of a song I do not know! Fresh Prince of Bel Air? Every beat. Spice Girls Wannabe? I know it word for word! ✌️

### What is your favourite dish from the school cafeteria?

Always a classic for me - jacket potato and beans! (No cheese, EVER. I HATE it!).

### What are your "trapped on a desert island" books?

As an English teacher, I'd happily sacrifice belongings on a desert island for more books! I'd have my childhood classics - 'The Babysitters Club' series, and any and all of Lisa Gardner's crime thrillers.

### How does technology make teaching more simple or difficult?

Given that I do have to badger the IT team to help me weekly.. I'd say I'm not the most technically minded! But technology can be absolutely wonderful; it can make education accessible, enjoyable and exciting.

### What would the students be surprised to find out about you?

That I haven't always been a teacher! Before becoming a teacher, I was a live events manager producing gigs and festivals for big music acts. But teaching is where my heart and passion has always been, and will always be.

### What inspires you?

My Mum. My Mum's resilience, energy, kindness and positivity inspires me every single day. I am often inspired by the 'ordinary everyday'. Those little moments of human joy and connection, that show us that the little things really are the big things.

### Are there any embarrassing teaching moments you are willing to share?

Ahh I've had many! I fell over a pupil's bag strap quite a few years ago.. and broke my wrist! Which is why all bags are now SAFELY tucked under desks in my classroom at all points!



This week marked the beginning of Black History Month. This national celebration promotes & celebrates the contributions of those with African & Caribbean heritage to British society & to foster an understanding of Black history.

The students will be learning about this all month in their personal development lessons.

This year, the theme of Black History Month in the UK is reclaiming narratives. The theme of reclaiming narratives focuses on sharing stories of Black history and culture, as well as correcting historical inaccuracies.

This includes less well-known and untold stories, as well as stories about famous historical figures. Listening to these stories, and learning about historical figures and their achievements, can inspire the younger generation to dream big.

Black History Month UK provides great opportunities to reflect on the key moments in history and today's society. It's important to celebrate the contributions of everyone to our communities and to support the multiculturalism and diversity that shapes them. It can highlight any inequalities that Black people are facing, and work towards shaping a better future for all.

Black History Month UK can also give opportunities to discuss inspirational Black and Mixed Heritage people throughout history, that future generations can look up to.

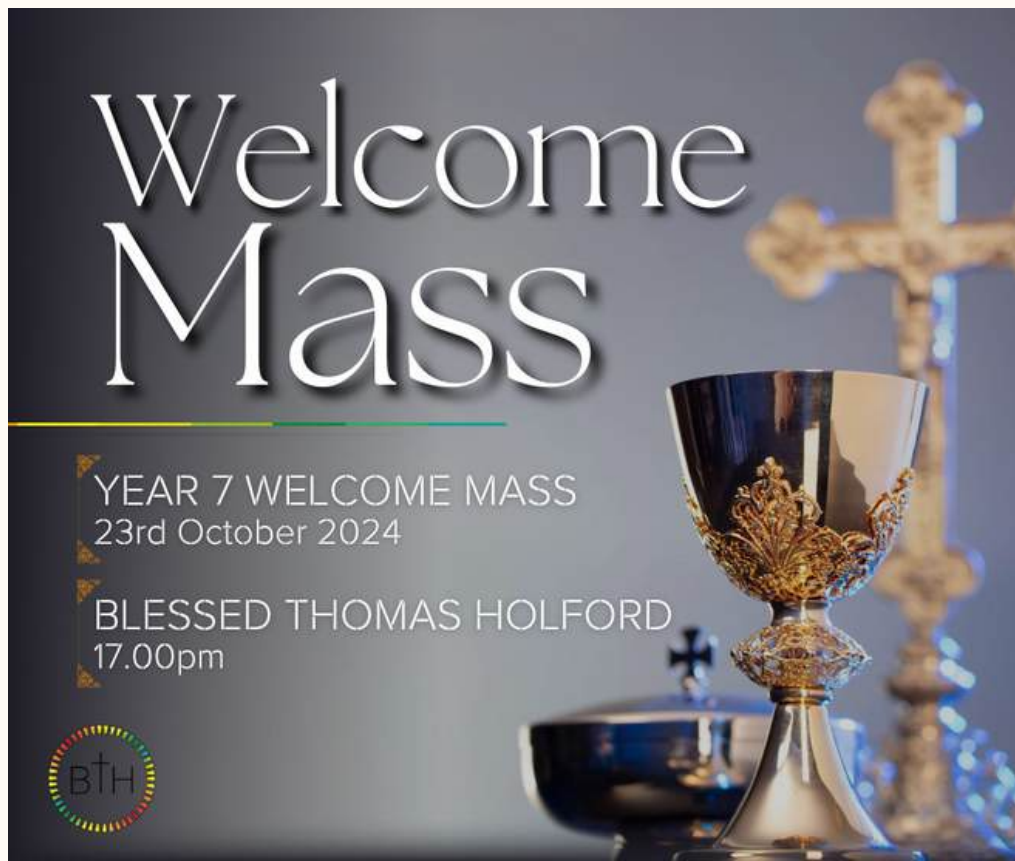


We are taking part in a 'Wear it Green Day' for World Mental Health Day next week, Thursday **10th of October**. Students can wear a green accessory alongside their uniform to show support ❤️



On Friday, **18th of October** we will be wearing red for Show Racism the Red Card. Students can bring in a £1 & wear a small item of red alongside their uniform. We'll have buckets at break & lunch raising money for Show Racism the Red Card to end our Black History Month Celebrations





As part of welcoming your child and yourselves to The Blessed Thomas Holford Catholic College family, we are inviting your child and your family members to attend the Year 7 'Mass of Welcome' on the **23rd of October** 2024 from 5pm 🙏

Part of the college values at BTH is celebrating and involving ourselves into the Catholic community and we would love to be able to share this with our students and family of BTH.

Refreshments will be provided after the service so family, staff and students can get to know one another.

More details will follow, but please could you complete the attached google form so we are aware of how many students and their families will be attending the service.

[Complete the form here](#)

## Savio House Trips

faith



**Monday October 14th – 7Calcutta and 7Romero**

**Tuesday October 15th – 7Siena and 7Wang**

**Wednesday October 16th – 7Perpetua&Felicity and 7Vaz**

**Thursday October 17th – 7JohnPaul and 7Liseiux**

**Monday October 21st – 7Acutis and 7Bosco**

**Tuesday October 22nd – 7Bakhita and 7Stein**



We welcome you to join us for our Sixth Form Open Evening on the 24th of October 2024 at 6pm. We want you to get a great insight into life at our Sixth Form, and the open evening will help you decide if Blessed Thomas Holford Sixth Form is the best place for you after your GCSE's.



**SIXTH FORM  
OPEN EVENING**

**Thursday 24th of October 2024**

from 6.00pm to 8.00pm

Head of Sixth Form Address: 6.00pm, 7.00pm & 7.30pm

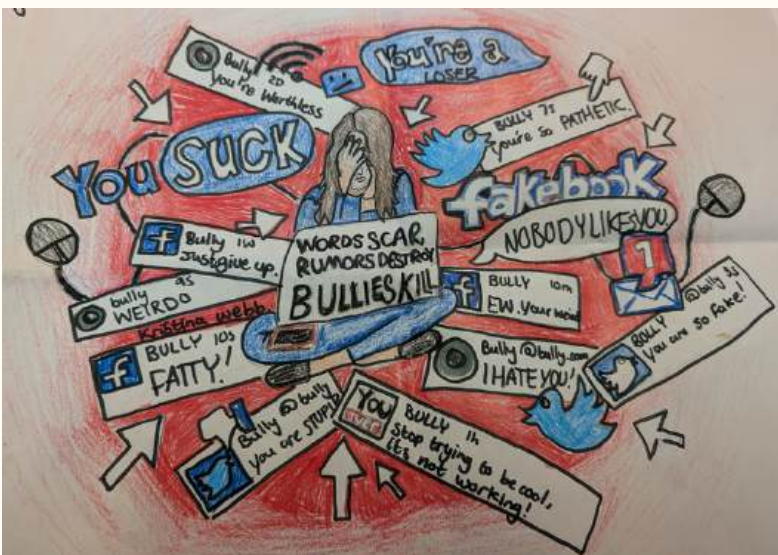
# Manchester 1/2 Marathon - 13th October



**Sponsor Us**

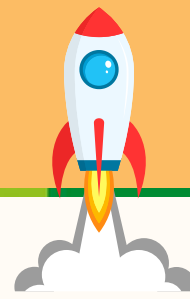


David in year 8 campaigning hard to win the votes of his peers to become college prime minister  
Vote for David Clarke Ali



Grace in year 7 designed this amazing cyber bullying poster in Computer Science last week and we were all blown away with her vision and fantastic artwork.





## We are relaunching the queue jump stickers and introducing a new rewards scheme

The **top students** with the most 1's and the **top form** with the most 1's awarded each day will be given a queue jump sticker. The sticker will allow them to go to the front of the queue at break time and at lunchtime on their sitting.



## Rewards

This term we are encouraging the students to know and follow the Catholic Social Teachings. Each half term we will focus on a different aspect of the BTH Way and Catholic Social Teachings, with this half terms focus being on **Creation and Environment**.

### Creation and Environment:

- We respect and look after the school environment as stewards of our BTHCC home.
- We put litter in the bin.
- We create a respectful environment so that it is an enjoyable place to learn.
- We leave our classrooms tidy.

Staff will be looking out for students who are making a continuous effort to clear up the classroom of any scrap pieces of paper or litter at the end of the lesson OR students who give great examples of how we can protect our environment!

Staff will then nominate students and they will be rewarded with a badge which is designed to the specific area of Catholic Social Teaching.





# COMPUTER SCIENCE NEWSLETTER



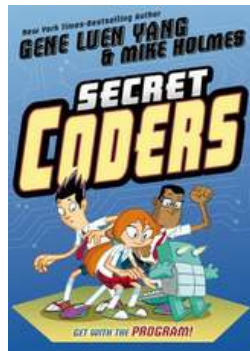
ISSUE 4

Hello!



Welcome to the Computer Science department's newsletter! In every issue we will keep you up to date with everything going on in Computer Science at BTHCC as well as things you can watch/listen/read and see that are all brimming with technology!

## Book of the Week



## IN THE NEWS

Microsoft's AI head, Mustafa Suleyman, forecasts AI assistants with advanced long-term memory will arrive in about a year, enhancing personal integration in daily life. While critics raise concerns about privacy and biases, supporters argue that effective AI needs deep contextual understanding. More here:

<https://www.bbc.co.uk/news/articles/c3d9zv50955o>



What are we currently

learning?!!!



Year 7	Year 7 have been introduced to Cyber Bullying and what it means.
Year 8	Year 8 are creating pixel art using photoshop and developing their editing skills
Year 9	Year 9 have started using Audacity to record a cyber bullying advert.
Year 10	Year 10 have been doing some flowcharts and creating some real examples using them.
Year 11	Year 11 continue programming through subroutines and practicing exam techniques using the key four revision strategies.
Year 12	Year 12 have been looking at the internet and its worldwide capabilities.
Year 13	Year 13 are carrying on with their NEA projects.

## Career of the Week

A **computer science teacher** is responsible for teaching students computer and programming knowledge and skills.

## WHAT TO WATCH

PRESENTED BY DR. ALEKS KROTOSKI, THIS FOUR-PART SERIES EXPLORES THE SOCIAL HISTORY OF THE WEB AND ITS IMPACT ON THE WORLD, LOOKING AT THE LIKE ONLINE AS CHANGED THE ECONOMY, AND HOW



## weekly

**Selection** is a decision or question that a program asks when it reaches a step with multiple options.

## Question Time

What year was the first computer invented?

- A. 1830
- B. 1837
- C. 1844

Last weeks answer: Computer Virus

# GEOGRAPHY NEWSLETTER

## Hello!



Welcome to the Geography department's newsletter! In every issue we will keep you up to date with everything going on in Geography at BTHCC as well as things you can watch/listen/read and see that are all brimming with geography!

## What to Watch!

BBC  
iPLAYER



Four celebs, numerous countries, zero VIP treatment. With no phones or flights allowed, famous faces and family pairs take on a race across the world - by any means necessary.

## What are we currently learning?!

YEAR 7	Year 7 have moved on to looking at the countries within Europe. They have all created a fact file about a European country!
YEAR 8	Year 8 have focussed on what a 'quality education' looks like. They compared the differences between what school is like in the UK to schools in Burundi.
YEAR 9	Year 9 have been focussing on whether the regeneration of Manchester was a success for the people and the city.
YEAR 10	Year 10 have gone into detail about the causes of earthquakes and they're beginning to look at the effects.
YEAR 11	Year 11 are focussing on their assessment that is coming up next week! Best of luck to them all!
YEAR 12	Year 12 have just begun to unpick what it takes to answer a 12 mark question at A Level!
YEAR 13	Year 13 are continuing to learn about superpowers on the human side and the water budget on the physical side!

## Geography in the News



Switzerland and Italy have redrawn part of their border in the Alps due to melting glaciers, caused by climate change. Part of the area affected will be beneath the Matterhorn, one of Europe's tallest mountains, and close to a number of popular ski resorts. Large sections of the Swiss-Italian border are determined by glacier ridgelines or areas of perpetual snow, but melting glaciers have caused these natural boundaries to shift, leading to both countries seeking to rectify the border.

## Career of the week



As a **cartographer**, you could:

- carry out research and then decide on what should appear on a map
- design maps, graphics, illustrations and layouts
- research, select and evaluate map source data for use in the preparation or revision of maps and charts to various scales
- liaise with clients about their requirements and with external contacts, such as surveyors and designers, regarding the supply of information
- collate data provided by remote sensing techniques

## 'Riverting' Reads



Our book recommendation this week comes from Miss Bedford. Miss Bedford said "I love Kensuke's Kingdom because even though it is a far-reaching adventure, it still really captures the realities of sea travel across different continents from the perspective of 12-year old child - perfect for Year 7s and 8s."

## Geography Phrasebook



**Biogeography:** the geographic study of the distribution of animals and plants on the planet.

**Biodiversity:** the assortment of species, flora and fauna, found in a specific area.

**Biofuel:** a fuel that is derived from living or natural matter; gas, alcohol, and dead biological materials are known as biofuel.

# SCIENCE NEWSLETTER

Issue 4



## Welcome



**Hello!** Here you can find more about what the students are learning, things to peak their (and yours!) interest, and see that science is of central importance in the world. If you have any queries, you can email Mrs Thorneloe at: [e.thorneloe@bthcc.org](mailto:e.thorneloe@bthcc.org)

## Science in the news



We are one step closer to adding a new element to the periodic table. There are currently 118 elements, each with a different number of protons in its nucleus (from 1 (hydrogen) to 118 (oganesson)). Some of the elements have been found in nature, some are made in the lab. Scientists will fire a beam of titanium ions (element 22) into californium atoms (element 98) to forge element 120.

## Terminology



### PRECISION

Precise measurements are those that have been repeated and are similar. E.g. If you timed yourself running around the park several times and you got similar results, they would be precise.

## Career of the week



### PARAMEDIC

**REQUIREMENTS:**  
At least 2 A-Levels, including 1 science

**SALARY:** £43,000

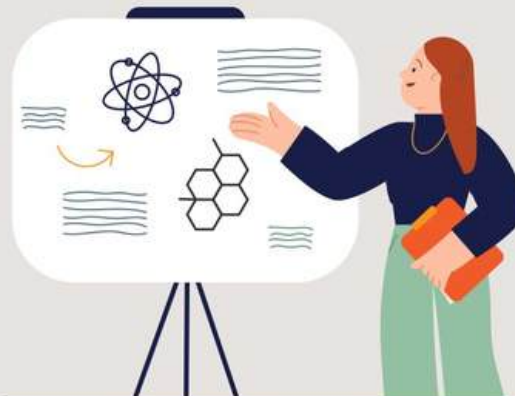
Paramedics respond to emergency call-outs and give people life-saving medical help

## Science in the media



**WHAT: DOWN TO EARTH ICELAND EPISODE, SEASON 1**

Join Zac Efron in Iceland, where he gets an up close look at their ground breaking renewable energy



## What are we currently learning?

Year 7	Using their science investigative skills, density and the difference between animal & plant cells
Year 8	Calculating the cost of energy and how fertilisation occurs
Year 9	<b>B</b> Cell differentiation and stem cells
	<b>C</b> Properties of sub-atomic particles
	<b>P</b> Renewable vs Non-renewable energy
Year 10	<b>B</b> Transpiration
	<b>C</b> Properties of ionic compounds
	<b>P</b> Series circuits
Year 11	<b>B</b> Centre Assessments
	<b>C</b> Centre Assessments
	<b>P</b> Centre Assessments
Year 12	<b>B</b> Cell structure, microscopy & biochemistry
	<b>C</b> Ionic equations & electron configuration
	<b>P</b> Moments
Year 13	<b>B</b> Photosynthesis
	<b>C</b> Carbonyl compounds & Arrhenius equation
	<b>P</b> Gravitational Fields

## Question time



Which part of the body is responsible for your balance?

- Feet
- Arms
- Ears

The answer to last week's Q was B) deoxyribonucleic acid. Did you get it right?!

## BUSINESS STUDIES NEWSLETTER



Welcome to the Business Studies department newsletter! Here you will be able to find out about what the students are learning in Business Studies at BTHCC, as well as updates of what is going on in the business world.



### BUSINESS IN THE NEWS

Greggs says that it has no plans for more price rises as sales slow. CEO, Roisin Currie, said that sales in July and August were affected by the weather and riots across England. They have seen their shares drop by more than 5%.



### CAREER OF THE WEEK

**Job Title:** Account Executive

**Salary:** Average salary of £38,731

**Job Responsibilities:**

- Finding new business opportunities
- Converting potential leads into customers
- Demonstrating products to potential customers
- Closing on customer contracts

### WHAT TO WATCH



A documentary following the global financial meltdown which took place in 2008, causing millions of job and home losses and plunging the United States into a deep economic recession.

**Title:** Inside Job

**Where:** Amazon Prime



### KEY TERMS INTRODUCED IN BUSINESS



**Qualitative:** is descriptive data that cannot be measured in numbers

**Globalisation:** When businesses operate on an international scale and gain international influence or power

**Stock Market Flotation:** The process of changing a business to a Public Limited Company (PLC) by issuing shares for sale on a stock exchange

**Core Competence:** The unique ability or abilities of a business that enable it to achieve a competitive advantage.

### WHAT ARE WE STUDYING IN BUSINESS STUDIES?

<b>Year 10</b>	Year 10 are looking are looking at the different types of data that can be collected from market research.
<b>Year 11</b>	Year 11 have been revising for their first PPE assessment of the year. Good luck!
<b>Year 12</b>	Year 12 are looking at the external environment and how it can affect businesses.
<b>Year 13</b>	Year 13 are looking at how businesses cannot just focus on profit in order to be sustainable.

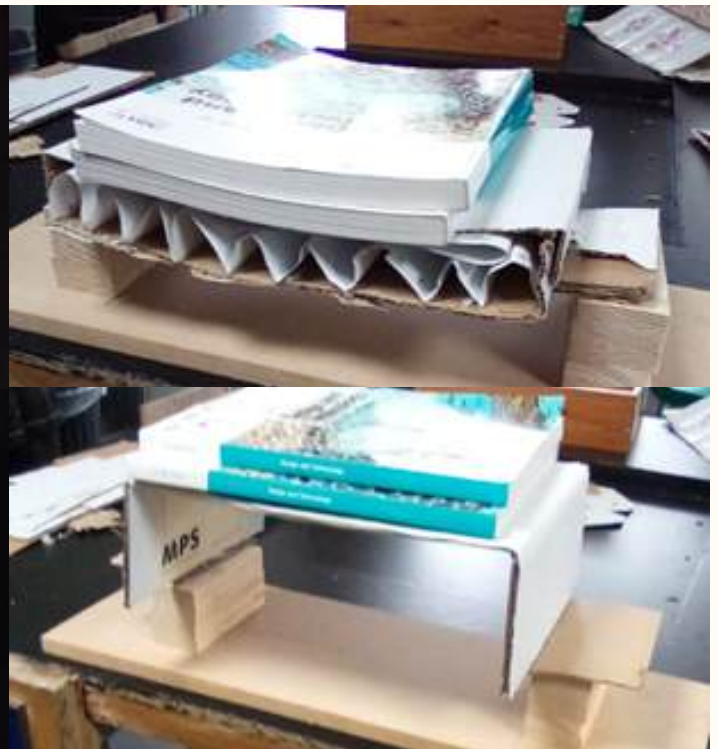
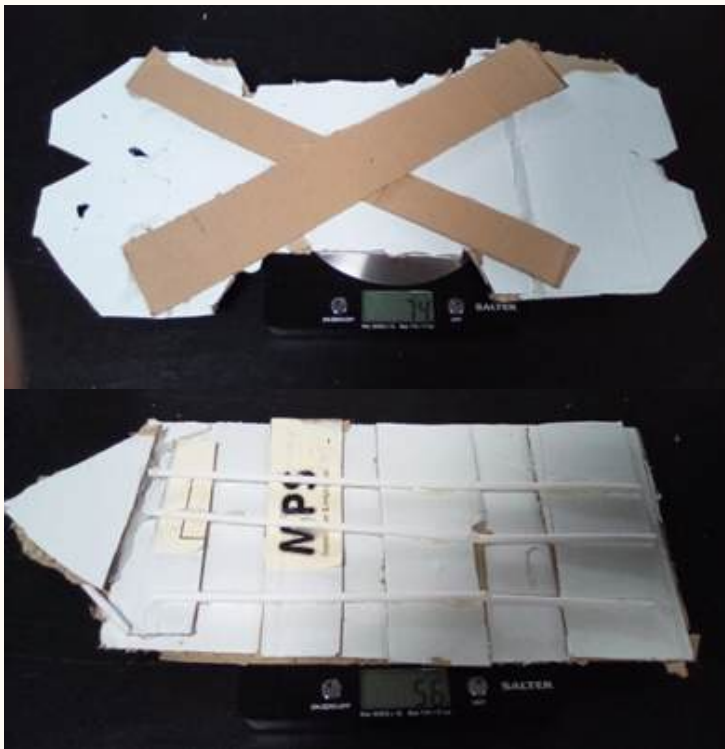
## DESIGN & TECHNOLOGY ASSOCIATION

## INSPIRED BY INDUSTRY

Working with Lisi Aerospace, Year 10 Design students were challenged to:

### Reducing weight without compromising strength

Students completed: Brief analysis, research, ideas, development, evaluation stages of the design process. They had to design a bridge which would hold two textbooks but be as light as possible. The goal was to consider how to reduce weight without compromising strength or functionality.



10C got so competitive they made a crown for the winner. Which went to Jake Pearson!



Lisi Aerospace are a worldwide manufacturing specialist for assembly solutions as well as engine and structural components used in aircrafts. It was great for students to watch their videos and see how real engineers tackle problems and see what jobs there are in the UK for design.



## CLASSICS NEWSLETTER

### Upcoming Trips

**Y11 - 4th December visit to the British Museum in London & Ice Skating**

**Y12 - Athens & Delphi in July 2025 now open to all Y12 students...**



### What are we currently learning...?

<b>Y10</b>	Y10 have begun their GCSE course with a study of the Greek & Roman gods – their responsibilities & symbols
<b>Y11</b>	Y11 are delving into Homer's Odyssey – Book 10. Odysseus' men are turned to pigs by Circe!
<b>Y12</b>	Y12 have begun their A Level studies with Greek statues and are currently looking at the invention of bronze casting
<b>Y13</b>	Sappho's marriage poems & Aeneid Book 2 – The Fall of Troy

Year 13 Classicists exploring the Acropolis in the summer



### Classics in the News

#### Elgin marbles return to Greece more likely under Labour as 'mood music shifts'

The Government appears open to the art works being loaned back to Greece, in an attempt to mend Britain's European fences

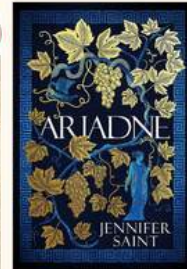


<https://news.co.uk/news/elgin-marbles-return-greece-more-likely-labour-3204210>

### What to watch / read



Kaos follows the myth of Orpheus & Eurydice, all the way to the Underworld...



Ariadne tells the tale of a princess left on an island by the hero Theseus after he defeated the minotaur

### Lessons lately...

Year 11 created (and blinded) their own Cyclops whilst reading Odyssey Book 9...



## FOOD AND NUTRITION



### THIS WEEK

WHAT IS ON THE MENU?

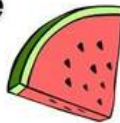
Year 7: Fruit Salad

Year 8 Scones

Year 9: Meat pie

Year 10: Pimp my egg

Year 11: Planning for NEA1 Food Science Investigation

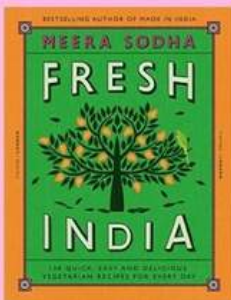


### WHAT TO WATCH

Great British Bake Off  
Next on TV: Tue 8 Oct, 8pm



### BOOK OF THE WEEK



We recommend trying out, Fresh India - a whole new side of Indian food that is fresh, delicious and quick to make at home.



### CHEF OF THE WEEK

TED YEAR 10

Year 10 were set a challenge of creating a dish using 2 eggs and 2 slices of bread and a few other ingredients. They needed to consider food styling and make their dish look appetising.

### WORD OF THE WEEK

#### Gelatinisation.

Definition: The process of breaking down starch molecules in the presence of heat and water, which causes the starch granules to swell and burst.

### CAREER OF THE WEEK



#### FOOD SCIENTIST

Food scientists and food technologists develop food and drink products, making sure they are safe to consume.

**AVERAGE SALARY - £24,000-£45,000**



*Would you like to become a 'Pen Pal'?*



**MAKE FRIENDS...**

**THE WORLD OVER...**

**Find a PenPal!**  
A wonderful way to practice a new language, share stories or learn about new cultures. Visit [www.findapenpal.com](http://www.findapenpal.com) for more information. Find us on Facebook and Twitter.

Would you like to become pen pals with students of a similar age from a school in a small rural village in Japan?



**Make new friends and learn about another culture.**



**Contact Mrs Rowe in the library**





Trafford Thrive  
in Education

# Parent/Carer Training Series

All of our trainings are free and take place online.  
To book send email to: [parentsandcarers.training@mft.nhs.uk](mailto:parentsandcarers.training@mft.nhs.uk)

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10/10/24	Supporting your Young Person to Manage Their Wellbeing
4.30-5.30pm	
3/12/24	Supporting your Young Person to Manage Their Anxiety
3.30-4.30pm	
3/2/25	Supporting Young People with Low Mood
3.30-4.30pm	
4/3/25	Supporting Young People's wellbeing around exams
9.30-10.30am	
13/5/25	Supporting Young People who Self-Harm
3.30-4.30pm	
16/6/2025	Supporting Young People with Emotional Regulation
3.30-4.30pm	
15/6/25	Supporting your Young Person with Transitions in Education
9.30-10.30am	



# SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

Secondary | October 2024

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- Image sharing
- Consent
- App focus: Telegram

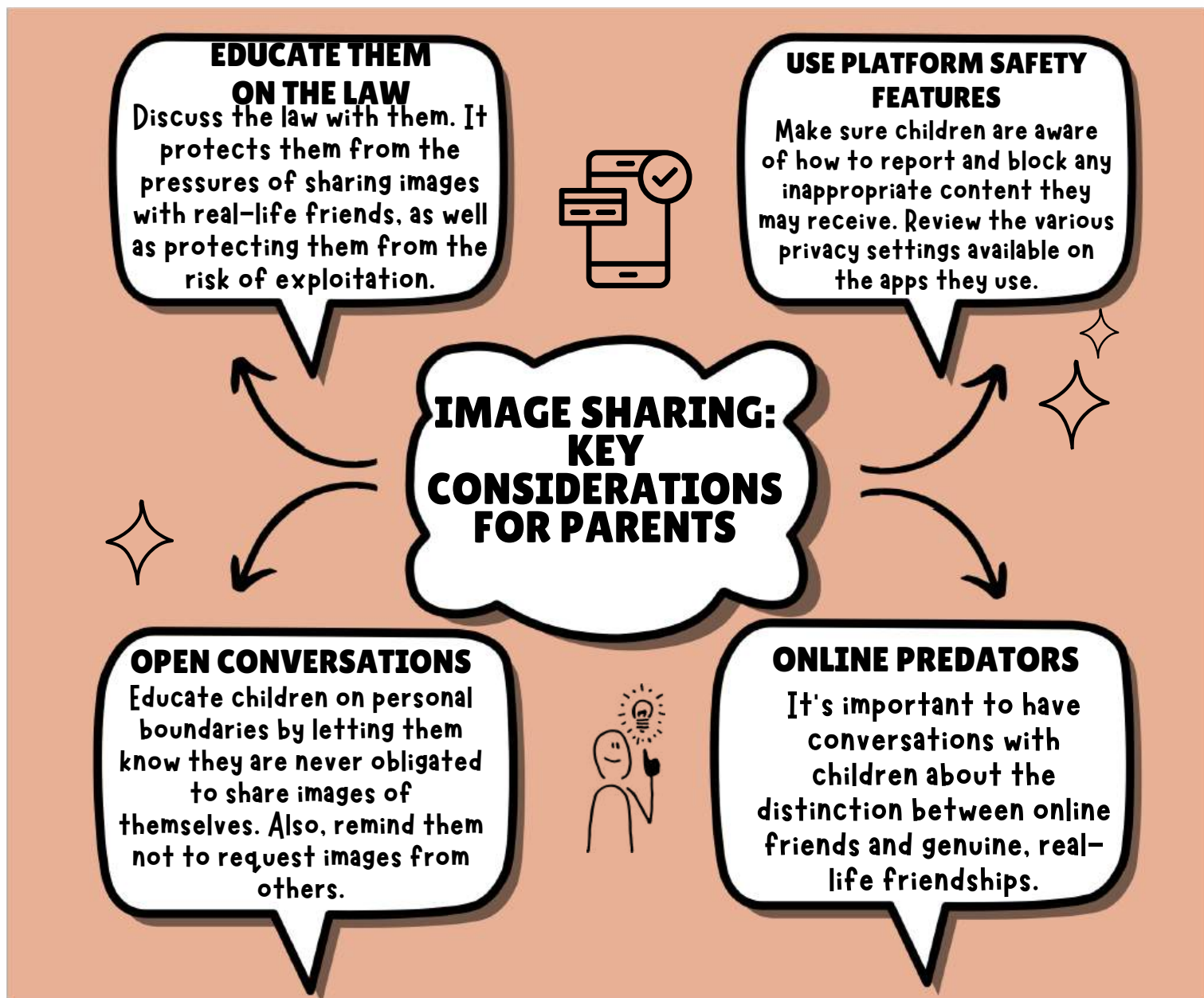
Image sharing With the rise of camera phones and other devices in the last few years, taking photos of themselves and their friends is commonplace amongst young people. These photos are often shared online. In recent years, there has also been an increase in young people asking others to share nudes of themselves. This is commonly known as sexting.

There are reasons as to why a young person might agree to sending an image of themselves in this

- they may believe they are in a consensual romantic relationship
- they may be pressured, tricked or coerced into sharing an image
- they may be exploited or groomed into sending the images.

The law on image sharing:

In order to protect children, any indecent image of a child (someone under 18) is known as Child Sexual Material (CSAM), even if the image was created by the child themselves (self-generated CSAM). That it is illegal to create or share CSAM. Creating images also includes AI or photoshopped images also includes possession of an image and re-sharing images. Parents should not have images sent to their device, even if the intent is to report the image. Images should be reported to the Police immediately. It is important to note that this law is to protect children, not criminalise those who send images of themselves.



# SPOTLIGHT ON SAFEGUARDING

## Understanding consent

Consent is the explicit, informed and voluntary agreement to engage in a particular activity, often referring to sexual interactions, but it also applies to other areas such as relationships, sharing personal boundaries and decision making. For children, this means ensuring that they have the capacity to give consent without feeling pressured, coerced or manipulated.

## Why is it important for young people to understand consent?

- Teaching consent encourages children to respect their own and others' physical and emotional boundaries.
- Consent fosters open communication, mutual respect and equality in relationships.
- Educating teenagers about consent helps prevent situations of sexual assault, harassment and coercion.
- Understanding consent gives teenagers the tools to make informed choices about their body and relationships.
- Consent creates a culture of respect which helps to reduce harmful behaviours like victim-blaming.

The Four C's of consent help children to know if consent has been or is still being given:

- **Clear:** Yes means yes. If it isn't a yes, it's a no.
- **Continuous:** Keeping check that it is still a yes; yes now doesn't mean yes later.
- **Coercion-free:** It isn't yes if pressure has been put on someone to do something.
- **Conscious:** The person giving consent must be fully capable of giving consent.

## What parents and carers should know about Telegram

This summer, Telegram made the headlines when its owner was arrested.

Although it may not be the most popular messaging app among young people, it is considered one of the fastest-growing platforms.

While there are many discussions surrounding the risks associated with using Telegram, here are some key points to keep in mind:

### 4 WAYS TO TEACH CONSENT TO TEENAGERS

Teaching children about consent is vital for fostering respect and responsibility. Here are some effective strategies.

#### MODEL



Model consent in everyday situations. An example of this might be to ask for a hug.

#### TALK



Talk about what consent looks like in relationships. Use TV shows or news articles as conversation starters.

#### RESPECT







Emphasise mutual respect, taking into consideration seeking and giving consent.

#### DISCUSS



Discuss the legal aspect of consent, as well as the emotional impact of not gaining consent.

### RISKS TO CONSIDER IF YOUR CHILD USES TELEGRAM

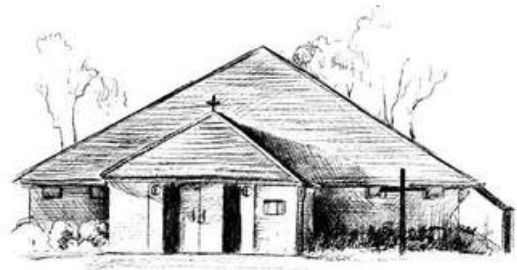
 <b>END-TO-END ENCRYPTION</b>	 <b>SELF-DESTRUCTING MESSAGES</b>	 <b>LARGE GROUP CHATS</b>	 <b>LOCAL CONNECTIONS</b>
Private conversations known as 'Secret Chats' can only be accessed by the participants. This puts children at risk.	A timer can be set when sending a message in a Secret Chat which will then self-destruct/disappear.	Group chats known as Channels can include up to 200,000 participants. This allows for unregulated conversations.	'People Nearby' connects users locally, but may expose children to grooming and exploitation risks.



# THE CATHOLIC PARISH OF ST. HUGH AND ST. JOHN

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My dear friends,

## CONFIRMATION 2025 AT ST HUGH'S

Just as the body and mind must grow to stay alive and develop throughout childhood and adolescence into adulthood, I am certain that the soul also needs to grow to maturity in a life of grace. Catholics believe that the Sacrament of Confirmation is the supernatural equivalent of that growth process. It builds on what was begun in Baptism and what was nourished in the Holy Eucharist.

The Holy Spirit was first introduced to you at your Baptism. Now, because of this, during Confirmation, God the Holy Spirit can come upon you, accompanied by God the Father and God the Son, just as He did at Pentecost. This sacrament is called **Confirmation** because the faith given in Baptism is now confirmed and made strong.

But Confirmation also means accepting responsibility for your faith and destiny. Childhood is a time when you're told what to do and are not able to make your own decisions. Adulthood, even spiritual adulthood, means that you must do what's right on your own, not for recognition or reward but simply because it's the right thing to do.

Baptism is for everyone because everyone is worthy to become God's child. But Confirmation is only for those who want to develop the faith given to them during baptism and who are mature enough to take responsibility for their own spiritual life and the life of others. So, Confirmation is not for everyone, but it is for those who really want to go with God through life and help others in the community.

**If you feel that the time for your Confirmation has arrived; if you are ready to build a relationship with the Holy Spirit and other believers, you are more than welcome to start your Confirmation preparation with us.**

If you are not ready, or not sure, don't worry. Confirmation can be made at any time in your life.

This year in our parish, there are four steps to take towards Confirmation.

- 1. It is absolutely necessary that all candidates have to attend Sunday Mass and Fr. Tomasz will be checking on your attendance.*
- 2. All Confirmation Candidates must attend "Gospel Reflections" through "Zoom". For about 3 months, once a week in the evening, Fr. Tomasz will guide you through the Gospel of St. Luke.*
- 3. At the beginning of January you must join about 4 meetings with our Confirmation Team in our parish hall.*

**Clergy: Fr. Tomasz Mamelka, Fr. Pat Munroe**

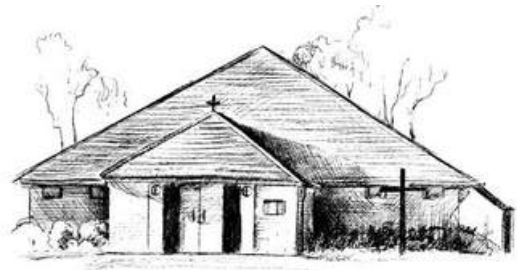
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**The Catholic Diocese of Shrewsbury is a registered charity no: 234025**

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*4. The evening before the Confirmation Mass you will experience the Sacrament of Reconciliation.*

Are you ready for this divine adventure? Come on! Send us your name and sign up, because the **Enrolment Mass is on Sunday 20th October at 10.30am in church.**

After this Mass, enrolment will be closed and no further candidates will be accepted for this year.

I'm looking forward to meeting you and praying with you.

Fr. Tomasz

Please send your emails to [office@sthughandstjohntimperley.co.uk](mailto:office@sthughandstjohntimperley.co.uk) and request a read receipt as our servers sometimes filter out mail. Alternatively use [samsung081977@gmail.com](mailto:samsung081977@gmail.com). Otherwise you can ring us on **0161 973 1694** and speak to the secretary or ask directly Fr. Tomasz after Sunday Mass. Thank you.

*Clergy: Fr. Tomasz Mamelka, Fr. Pat Munroe*

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